

Creative Movement



The Northeast Arc Recreation Department will once again offer our creative movement program this fall led by Movement Therapist Mary Beth Trapeni, MA, ADTR.

Saturday mornings for 6 weeks, January 28 to March 17, 2012

Note: There will be no class during February school vacation week, February 18 and 25

Location: Northeast Arc Center for Developmental Excellence,
6 Southside Road, Danvers, MA

Program Fee: \$90

9:30 to 10:15 (45 min for ages 3 to 7 years)
10:30 to 11:15 (45 min for ages 8 to 13 years)

The **Creative Movement** group is an integrated group that allows children of all abilities to express themselves through movement in a relaxed and creative atmosphere. A love for music and movement is all that is needed. Bring your energy and creativity!

The therapeutic goals for the group will be on improving body image and body awareness, motor skills, social skills, and stress management.

Note: The max capacity for each group will be 8. The program provides a minimum 1:4 ratio of staff to students.

To register for either of the Creative Movement fall courses contact the Recreation Department either by phone at 978-624-2308 or via email at recreation@ne-arc.org

NortheastArc
Life-Long Support for People with Disabilities

