



NortheastArc  
Life-Long Support for People with Disabilities

# SPOTLIGHT SUPPORT GROUPS BEGINNING SEPTEMBER 22

We are excited to offer our Teens in Transition Drop-in Support Group, which seeks to offer support and guidance around the issues teens ages 14-19 face as they transition into adulthood.

In addition, we are also offering a support group for parents of transition-aged children who would like to meet others with similar concerns and share experiences and resources.

\$15 per visit. You may also sign up for six weeks at the discounted rate of \$60 (weeks do not have to be consecutive).

We request that you RSVP by noon on the Wednesday prior to group. In the event of inclement weather, please email us prior to group to be informed in the event of a cancellation. Please RSVP to [rgirard@ne-arc.org](mailto:rgirard@ne-arc.org) or [scruwys@ne-arc.org](mailto:scruwys@ne-arc.org)

Fall Groups will be held September 22nd to December 8th. Please note, there will be no groups on Wednesday, November 23.

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## **Spotlight Support Groups**

**Boys' Group:**      **Wednesdays 6:15 - 7:15 pm**  
**\$15 per group or \$60 for 6 groups**

**Girls' Group:**      **Wednesdays 6:15-7:15 pm**  
**\$15 per group or \$60 for 6 groups**

**Parent Group:**      **Wednesdays 6:15-7:15 pm**  
**\$10 per group**

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